

Sentido Norte

BREAKFAST MENU

from 7:00am to 10:00 am

Breakfast for registered guests includes choice of one menu item, coffee or tea, and fresh fruit juice

OVERNIGHT OATS v, GF 8
almond milk, yogurt, cashews, fruits, local honey or tapa de dulce

FRUIT PLATE v, GF 8
yogurt, granola and local honey

CHIA PUDDING v, GF 12
almond milk, yogurt, mango and banana, cashews, local honey or tapa de dulce

FRENCH TOAST v 12
sweet plantains, coconut, cashews and macadamia

OMELETTE v 14
asparagus, spinach, caramelized onions and peppers, mushrooms, choice of cheese

GRINGO BREAKFAST 14
choice of eggs, buttered toast, bacon and fruit, home fries

TICO BREAKFAST v 14
choice of eggs with gallo pinto, sweet plantain, grilled tico cheese and tortilla

TROPICAL PANCAKES 15
grilled mango and pineapple, bacon, toasted coconut, cajeta sauce

BRISKET AND EGGS 15
smoked brisket, home fries, eggs to order

AVOCADO TOAST v, VG 16
whole wheat bread, eggs, grilled jalapeño oil, side of salad

Housemade Knife & Fork Corn Tortillas

VEGAN v, VG, GF 12
guacamole, refried beans, green salad, tomatoes, crispy taro root

HUEVOS RANCHEROS GF 12
refried beans, avocado, spicy tomato salsa, choice of eggs

CHORREADAS v 12
sweet corn pancakes, mozzarella, homemade quince jelly

"HUEVOS A CABALLO" WITH PORK GF 14
guacamole, chicharrón, cherry tomato salsa, choice of eggs

Smoothies & Juices

fruit juice 6
fruit smoothies 10
green smoothie 10
power smoothie 10
cacao & peanut butter smoothie 10

Beverages

tea 3
espresso 3
americano 3
café con leche 4
cappuccino 4
cold brewed coffee 6
still water, 750ml 9
sparkling water, 750ml 11
mimosa: passion fruit or orange juice 15
good morning mary 10
good morning mary with Tito's vodka 15

To the best of our ability we source all of our products from local farmers and fishermen. Sentido Norte is vegetarian friendly and mostly gluten-free. All menu prices are in US\$ and include 13% vat and 10% service