

Sentido Norte

BREAKFAST from 7 am to 10 am

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| GRANOLA AND FRESH FRUIT V oats, quinoa, coconut, cashews | 12 |
| TICO BREAKFAST VG gallo pinto, eggs, cheese, plantain, tortilla | 12 |
| GRINGO BREAKFAST eggs, bacon, toast, cashew butter, homemade jam | 12 |
| BURRITO WITH PICO DE GALLO bacon, eggs, avocado, swiss cheese | 12 |
| KNIFE AND FORK RANCHEROS GF eggs, refried beans, guacamole, tomatillo sauce | 12 |
| AVOCADO TOAST VG eggs to order, salad | 18 |
| APPLE STRUDEL PANCAKES Dulce de leche | 12 |
| HUEVOS CON CHORIZO eggs with chorizo, potato and mozzarella croquette, pico de gallo | 14 |
| MONKEY BREAKFAST V banana bread, strawberries, cashew and chocolate spread | 12 |

Smoothies & Juices

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| fruit juice | 5 |
| wellness shot | 5 |
| fruit smoothies | 6 |
| green smoothie | 9 |
| strawberry, banana & greek yogurt smoothie add protein for \$6 | 9 |
| cacao & peanut butter smoothie | 9 |

Beverages

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| tea | 3 |
| espresso | 3 |
| americano | 3 |
| café con leche | 4 |
| cappuccino | 4 |
| cold brewed coffee | 6 |
| still water, 750ml | 9 |
| sparkling water, 750ml | 9 |
| mimosa: passion fruit or orange juice | 15 |
| good morning mary | 10 |
| good morning mary with Tito's vodka | 15 |

To the best of our ability, we source all of our products from local farmers and fishermen. Sentido Norte is vegetarian friendly and mostly gluten-free. All menu prices are in US\$ and include 13% vat and 10% service.

**ALL OPTIONS AVAILABLE FOR ROOM SERVICE,
\$5 ADDITIONAL CHARGE**

VG - Vegan | **V** - Vegetarian | **S** - Spicy | **GF** - Gluten Friendly