

# Sentido Norte

## BREAKFAST from 7 am to 10 am

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<b>GRANOLA AND FRESH FRUIT   V</b> oats, quinoa, coconut, cashews	12
<b>TICO BREAKFAST   VG</b> gallo pinto, eggs, cheese, plantain, tortilla	12
<b>GRINGO BREAKFAST</b> eggs, bacon, toast, cashew butter, homemade jam	12
<b>EGGS BENEDICT</b> Poached eggs, smoked salmon, hollandaise sauce	12
<b>BURRITO WITH PICO DE GALLO</b> bacon, eggs, avocado, Mozzarella cheese	12
<b>KNIFE AND FORK RANCHEROS   GF</b> eggs, refried beans, guacamole, tomatillo sauce	12
<b>AVOCADO TOAST   VG</b> eggs to order, salad	18
<b>APPLE STRUDEL PANCAKES</b> Dulce de leche	12
<b>HUEVOS CON CHORIZO</b> eggs with chorizo, potato and mozzarella croquete, pico de gallo	14
<b>MONKEY BREAKFAST   V</b> banana bread, strawberries, cashew and chocolate spread	12

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## Smoothies & Juices

fruit juice	5
wellness shot	5
fruit smoothies	6
green smoothie	9
strawberry, banana & greek yogurt smoothie	9
add protein for \$6	
cacao & peanut butter smoothie	9

## Beverages

tea	3
espresso	3
americano	3
café con leche	4
cappuccino	4
cold brewed coffee	6
still water, 750ml	9
sparkling water, 750ml	9
mimosa: passion fruit or orange juice	15
good morning mary	10
good morning mary with Tito's vodka	15

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To the best of our ability, we source all of our products from local farmers and fishermen. Sentido Norte is vegetarian friendly and mostly gluten-free. All menu prices are in US\$ and include 13% vat and 10% service.

**ALL OPTIONS AVAILABLE FOR ROOM SERVICE, \$5 ADDITIONAL CHARGE**

**VG** - Vegan | **V** - Vegetarian | **S** - Spicy | **GF** - Gluten Friendly