

Sentido Norte

BREAKFAST from 7 am to 10 am

GRANOLA AND FRESH FRUIT V oats, quinoa, coconut, cashews	12
TICO BREAKFAST VG gallo pinto, eggs, cheese, plantain, tortilla	12
GRINGO BREAKFAST eggs, bacon, toast, cashew butter, homemade jam	12
EGGS BENEDICT Poached eggs, smoked salmon, hollandaise sauce	12
BURRITO WITH PICO DE GALLO bacon, eggs, avocado, Mozzarella cheese	12
KNIFE AND FORK RANCHEROS GF eggs, refried beans, guacamole, tomatillo sauce	12
AVOCADO TOAST VG eggs to order, salad	18
APPLE STRUDEL PANCAKES Dulce de leche	12
HUEVOS CON CHORIZO eggs with chorizo, potato and mozzarella croquete, pico de gallo	14
MONKEY BREAKFAST V banana bread, strawberries, cashew and chocolate spread	12

Smoothies & Juices

fruit juice	5
wellness shot	5
fruit smoothies	6
green smoothie	9
strawberry, banana & greek yogurt smoothie add protein for \$6	9
cacao & peanut butter smoothie	9

Beverages

tea	3
espresso	3
americano	3
café con leche	4
cappuccino	4
cold brewed coffee	8
still water, 750ml	9
sparkling water, 750ml	9
mimosa: passion fruit or orange juice	15
good morning mary	10
good morning mary with Tito's vodka	15

To the best of our ability, we source all of our products from local farmers and fishermen. Sentido Norte is vegetarian friendly and mostly gluten-free. All menu prices are in US\$ and include 13% vat and 10% service.

ALL OPTIONS AVAILABLE FOR ROOM SERVICE, \$5 ADDITIONAL CHARGE

VG - Vegan | **V** - Vegetarian | **S** - Spicy | **GF** - Gluten Friendly